



CHRISTIAN SERVICE AND DISCIPLESHIP HOURS

Saint Elizabeth Ann Seton Middle School

OBJECTIVE

To give students an opportunity to practice the spiritual and corporal works of mercy as disciples of Christ. The goals of the Christian Service and Discipleship program are two-fold:

First, to develop a life-long habit of serving those in need. Students are encouraged to try different activities of service to help them find a way to give back to others which is enjoyable for them.

Second, to help students live their faith outside of the school environment by encouraging them to pray at home with family members or to attend events at their parish so that they become active participants in parish life.

REQUIREMENTS

Students should choose but are not limited to activities from the list below to complete to earn their Christian Service and Discipleship Hours for each semester. If a student desires to complete an activity not on the list, a short, written description of the activity proposed must be submitted and approved by the SEAS teacher and administration. Students must fill out a separate Christian Service Form for each type of activity.

6th Grade: 3 hours per semester

7th Grade: 4 hours per semester

8th Grade: 5 hours per semester

SERVICE OPPORTUNITIES

- Make and serve Glad Meals.
- Assist with set up or decoration projects for Gladhandler.
- Act as a mentor/counselor for Vacation Bible School
- Set up, serve, or clean-up a parish event including donuts after Mass on Sundays, Lenten fish fry etc.
- Do yardwork for your parish (contact the parish office to see what needs to be done).
- Volunteer at the Saint Vincent de Paul store.
- Volunteer at Safe Harbor.
- Make a dinner for your pastor and write a card thanking him for his vocation. Drop it off at the rectory.
- Altar Serve or Sing in the choir

DISCIPLESHIP OPPORTUNITIES

- Pray 4 rosaries (one set of each of the mysteries) with a member of your family
- Make a holy hour at one of the local adoration chapels/times (Saint Francis, Holy Rosary, Christ the King)
- Read Scripture for 15 minutes a night with a family member.
- Read the Mass readings as a family prior to Sunday Mass for a month.
- Ask a Bishop, Priest, or Deacon about their ordination and write a paragraph explaining the most important parts of the ceremony.
- Fulfill the requirements for a plenary indulgence for the month of November (for the Holy Souls in Purgatory).
- Attend the Stations of the Cross at one of the local parishes.
- Attend a Wyldlife Youth Group event.
- Interview a Bishop, Priest, or Deacon about their vocation and write a reflection about what you learned.
- Attend the Diocesan Middle School Youth Conference.