

ST. FRANCIS

Power Up Café

BREAKFAST SERVED FROM 7:00-9:45am (EVERYDAY)

MONDAY'S	TUESDAY'S	WEDNESDAY'S	THURSDAY'S Closes 1 hour before mass	NO MEAT FRIDAY'S
EGG SANDWICH {egg, meat, cheese} \$3.50	BREAKFAST TACO \$3.50	EGG SANDWICH {egg, meat, cheese} \$3.50	BREAKFAST BURRITO \$3.50 or MEAT & CHEESE QUICHE \$2.50	FRENCH TOAST, PANCAKES or WAFFLES \$3.50
BACON (3 slices) \$3.00	BACON (3 slices) \$3.00	BACON (3 slices) \$3.00	CB HASH/SAUSAGE \$3.00	No Meat Today
FRUIT CUP \$3.50	FRUIT CUP \$3.50	FRUIT CUP \$3.50	FRUIT CUP \$3.50	FRUIT CUP \$3.50
FRUITED YOGURT w/Granola \$3.00	FRUITED YOGURT w/Granola \$3.00	FRUITED YOGURT w/Granola \$3.00	FRUITED YOGURT w/Granola \$3.00	FRUITED YOGURT w/Granola \$3.00
BAGEL \$2.50	BAGEL \$2.50	BAGEL \$2.50	BAGEL \$2.50	BAGEL \$2.50
JUMBO MUFFIN \$4.00	JUMBO MUFFIN \$4.00	JUMBO MUFFIN \$4.00	JUMBO ROLL \$2.50	JUMBO MUFFIN \$4.00
BREAKFAST POTATOES \$2.00	BREAKFAST POTATOES \$2.00	BREAKFAST POTATOES \$2.00	BREAKFAST POTATOES \$2.00	BREAKFAST POTATOES \$2.00
OATMEAL (2 packs) \$2.00	OATMEAL (2 packs) \$2.00	OATMEAL (2 packs) \$2.00	OATMEAL (2 packs) \$2.00	OATMEAL (2 packs) \$2.00
NuGO PROTEIN BAR \$3.00	NuGO PROTEIN BAR \$3.00	NuGO PROTEIN BAR \$3.00	NuGO PROTEIN BAR \$3.00	NuGo PROTEIN BAR \$3.00
SMOOTHIES \$3.00	SMOOTHIES \$3.00	SMOOTHIES \$3.00	SMOOTHIES \$3.00	SMOOTHIES \$3.00
COFFEE/ HOT CHOCOLATE \$1.50/ \$1.00	COFFEE/ HOT CHOCOLATE \$1.50/ \$1.00	COFFEE/ HOT CHOCOLATE \$1.50/ \$1.00	COFFEE/ HOT CHOCOLATE \$1.50/ \$1.00	COFFEE/ HOT CHOCOLATE \$1.50/ \$1.00
JUICE (4oz) OR MILK \$0.75	JUICE (4oz) OR MILK \$0.75	JUICE (4oz) OR MILK \$0.75	JUICE (4oz) OR MILK \$0.75	JUICE (4oz). OR MILK \$0.75