ST. FRANCIS

Power Up Café

BREAKFAST SERVED FROM 7:00-9:45am (EVERYDAY)

MONDAY'S	TUESDAY'S	WEDNESDAY'S	THURSDAY'S Closes 1 hour before mass	NO MEAT FRIDAY'S
EGG SANDWICH {egg, meat, cheese} \$3.50	BREAKFAST TACO \$3.50	EGG SANDWICH {egg, meat, cheese} \$3.50	BREAKFAST BURRITO \$3.50 or MEAT & CHEESE QUICHE \$2.50	FRENCH TOAST, PANCAKES or WAFFLES \$3.50
BACON (3 slices)	BACON (3 slices)	BACON (3 slices)	CB HASH/SAUSAGE	No Meat Today
\$3.00	\$3.00	\$3.00	\$3.00	
FRUIT CUP	FRUIT CUP	FRUIT CUP	FRUIT CUP	FRUIT CUP
\$3.50	\$3.50	\$3.50	\$3.50	\$3.50
FRUITED YOGURT	FRUITED YOGURT	FRUITED YOGURT	FRUITED YOGURT	FRUITED YOGURT
w/Granola	w/Granola	w/Granola	w/Granola	w/Granola
\$3.00	\$3.00	\$3.00	\$3.00	\$3.00
BAGEL	BAGEL	BAGEL	BAGEL	BAGEL
\$2.50	\$2.50	\$2.50	\$2.50	\$2.50
JUMBO MUFFIN	JUMBO MUFFIN	JUMBO MUFFIN	JUMBO ROLL	JUMBO MUFFIN
\$4.00	\$4.00	\$4.00	\$2.50	\$4.00
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
POTATOES	POTATOES	POTATOES	POTATOES	POTATOES
\$2.00	\$2.00	\$2.00	\$2.00	\$2.00
OATMEAL (2 packs)	OATMEAL (2 packs)	OATMEAL (2 packs)	OATMEAL (2 packs)	OATMEAL (2 packs)
\$2.00	\$2.00	\$2.00	\$2.00	\$2.00
NuGO PROTEIN BAR	NuGO PROTEIN BAR	NuGO PROTEIN BAR	NuGO PROTEIN BAR	NuGo PROTEIN BAR
\$3.00	\$3.00	\$3.00	\$3.00	\$3.00
SMOOTHIES	SMOOTHIES	SMOOTHIES	SMOOTHIES	SMOOTHIES
\$3.00	\$3.00	\$3.00	\$3.00	\$3.00
COFFEE/ HOT	COFFEE/ HOT	COFFEE/ HOT	COFFEE/ HOT	COFFEE/ HOT
CHOCOLATE	CHOCOLATE	CHOCOLATE	CHOCOLATE	CHOCOLATE
\$1.50/ \$1.00	\$1.50/ \$1.00	\$1.50/ \$1.00	\$1.50/ \$1.00	\$1.50/ \$1.00
JUICE (40z) OR MILK	JUICE (40z) OR MILK	JUICE (40z) OR MILK	JUICE (40z) OR MILK	JUICE (40z). OR MILK
\$0.75	\$0.75	\$0.75	\$0.75	\$0.75