

## **SF PRESCHOOL SEPTEMBER 2023** FULL CARLINE CATERING (CC) SERVES 4-6 GENEROUS PORTIONS. To order go to <u>https://tinyurl.com/y9sddnzj</u> before 12pm on MONDAY

Sunflower Butter & Chef Jeff's Jelly Sandwich on Whole Wheat Bread

Boar's Head, Louie's Meats' or GFS Deli Sandwiches on Assorted Bread or Buns

Prairie Farms' Milk (Skim & 1%)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	5	6	7	8
LABOR DAY	1 Pasta w/ Meat Sauce	1 Chicken Noodle Soup	1 Taco Pizza	1 Egg Bagel Sandwich
	2 Deli Sandwich	2 Deli Sandwich	2 Deli Sandwich or 3 SB&J	2 Cheese Tortellini
NO SCHOOL	3 Sunflower Butter & Jelly	3 Sunflower Butter & Jelly	Side: Refried Beans	3 Sunflower Butter & Jelly
	Side: Lakeview Hill Farm's		NO Carline Catering:	
	Mixed Greens w/ Tomatoes	Side: Steamed Corn		Side: Sauteed Spinach
11	12	13	14 1 Cheese Nachos	15
1 Cheeseburger	1 Chicken Pot Pie	1 Baked Chicken w/ Dinner Roll	2 Deli Sandwich or 3 SB&J	1 Grilled Cheese Sandwich
2 Deli Sandwich	2 Deli Sandwich	2 Deli Sandwich	Side: Fresh Natural Northern Salsa	2 Cheesy Baked Potato
3 Sunflower Butter & Jelly	3 Sunflower Butter & Jelly	3 Sunflower Butter & Jelly	Carline Catering:	3 Sunflower Butter & Jelly
			Asian Pork Tacos w/ Cilantro Slaw	
Side: Sheet Pan Potatoes	Side: Caesar Salad	Side: Steamed Broccoli	Full \$55/ Half \$28	Side: Roasted Summer Squas
18	19	20	21 <b>1 Taco Pizza</b>	22
1 Hot Dog	1 Pasta w/ Meat Sauce	1 Chicken Noodle Soup	2 Deli Sandwich or 3 SB&J	1 Egg Bagel Sandwich
2 Deli Sandwich	2 Deli Sandwich	2 Deli Sandwich	Side: Refried Beans	2 Cheese Tortellini
3 Sunflower Butter & Jelly	3 Sunflower Butter & Jelly	3 Sunflower Butter & Jelly	Carline Catering:	3 Sunflower Butter & Jelly
	Side: Lakeview Hill Farm's		Swedish Meatballs w/ Egg Noodles	
Side: Steamed Green Beans	Mixed Greens w/ Tomatoes	Side: Steamed Corn	Full \$49/ Half \$25	Side: Sauteed Spinach
25	26	27	28	29
1 Cheeseburger	1 Chicken Pot Pie	1 Baked Chicken w/ Dinner Roll	1 Cheese Nachos	1 Grilled Cheese Sandwich
2 Deli Sandwich	2 Deli Sandwich	2 Deli Sandwich	2 Deli Sandwich or 3 SB&J	2 Cheesy Baked Potato
3 Sunflower Butter & Jelly	3 Sunflower Butter & Jelly	3 Sunflower Butter & Jelly	Side: Fresh Natural Northern Salsa	3 Sunflower Butter & Jelly
			Carline Catering: Chicken Marsala	
Side: Sheet Pan Potatoes	Side: Caesar Salad	Side: Steamed Broccoli	w/ Green Beans Full \$61/ Half \$32	Side: Roasted Summer Squash
		Friday is a day of penance	Preschool Lunch billed on Monthly	
	DAIRY/GLUTEN FREE items	Friday is a day of penance. That's why you'll find meatless menu options each Friday, unless it is a Feast Day.	Tuition Statement	
	available daily at all sites	We invite all families to participate!	\$3.35 per Day	
	(PLEASE INFORM THE SCHOOL	Fasting a wonderful way to honor God, to express our solidarity with other Christians,	5 days \$50/ Month	
	KITCHEN IN ADVANCE)	and to help prepare for Sunday Mass.	3 days \$30/ Month	
			2 days \$20/ Month	



## **IMMACULATE CONCEPTION SEPTEMBER 2023**

FULL CARLINE CATERING (CC) SERVES 4-6 GENEROUS PORTIONS. To order go to <u>https://tinyurl.com/y9sddn2j</u> before 12pm on MONDAY

Sunflower Butter & Chef Jeff's Jelly Sandwich on Whole Wheat Bread

Boar's Head, Louie's Meats' or GFS Deli Sandwiches on Assorted Bread or Buns

Prairie Farms' Milk (Skim & 1%)

NO SCHOOL	2 Deli Sandwich 3 Sunflower Butter & Jelly Side: Lakoview Hill Form's	2 Chicken Noodle Soup 3 Sunflower Butter & Jelly	2 Deli Sandwich or 3 SB&J Side: Refried Beans	2 Chickpea Salad Sandwich 3 Sunflower Butter & Jelly
	Side: Lakeview Hill Farm's Mixed Greens w/ Tomatoes	Side: Steamed Corn	NO Carline Catering:	Side: Sauteed Spinach
11	12	13	14 1 Pulled Pork Nachos	15
1 Sirloin Cheeseburger 2 Deli Sandwich 3 Sunflower Butter & Jelly	1 Pepperoni Pizza 2 Deli Sandwich 3 Sunflower Butter & Jelly	1 Baked Chicken w/ a Dinner Roll 2 Deli Sandwich 3 Sunflower Butter & Jelly	2 Deli Sandwich or 3 SB&J Side: Fresh Natural Northern Salsa Carline Catering:	1 Grilled Cheese Sandwich 2 Cheesy Baked Potato 3 Sunflower Butter & Jelly
Side: Sheet Pan Potatoes	Side: Caesar Salad	Side: Steamed Broccoli	Asian Pork Tacos w/ Cilantro Slaw Full \$55/ Half \$28	Side: Roasted Summer Squas
18	19	20	21 1 Taco Pizza	22
1 Hot Dogs	1 Pasta w/ Meatballs	1 Turkey & Cheese Pita Pocket	2 Deli Sandwich or 3 SB&J	1 Cheese Omelet w/ Pastry
2 Deli Sandwich	2 Deli Sandwich	2 Chicken Noodle Soup	Side: Refried Beans	2 Chickpea Salad Sandwich
3 Sunflower Butter & Jelly	3 Sunflower Butter & Jelly Side: Lakeview Hill Farm's	3 Sunflower Butter & Jelly	Carline Catering: Swedish Meatballs w/ Egg Noodles	3 Sunflower Butter & Jelly
Side: Steamed Green Beans	Mixed Greens w/ Tomatoes	Side: Steamed Corn	Full \$49/ Half \$25	Side: Sauteed Spinach
25	26	27	28	29
1 Sirloin Cheeseburger 2 Deli Sandwich	1 Pepperoni Pizza 2 Deli Sandwich	1 Baked Chicken w/ a Dinner Roll 2 Deli Sandwich	1 Pulled Pork Nachos 2 Deli Sandwich or 3 SB&J	1 Grilled Cheese Sandwich 2 Cheesy Baked Potato
3 Sunflower Butter & Jelly	3 Sunflower Butter & Jelly	3 Sunflower Butter & Jelly	Side: Fresh Natural Northern Salsa Carline Catering: Chicken Marsala	3 Sunflower Butter & Jelly
Side: Sheet Pan Potatoes	Side: Caesar Salad	Side: Steamed Broccoli	w/ Green Beans Full \$61/ Half \$32	Side: Roasted Summer Squas
	DAIRY/GLUTEN FREE items available daily at all sites! (PLEASE INFORM THE	Friday is a day of penance. That's why you'll find meatless menu options each Friday, unless it is a Feast Day. We invite all families to participate! Fasting a wonderful way to honor God, to express our solidarity with other Christians, and to help prepare for Sunday Mass.	Preschool Lunch billed on Monthly Tuition Statement \$3.35 per Day 5 days \$50/ Month	
	SCHOOL KITCHEN IN ADVANCE)	hop propire for Sunday mass.	3 days \$30/ Month	



## **SEAS & ST FRANCIS SEPTEMBER 2023** FULL CARLINE CATERING (CC) SERVES 4-6 GENEROUS PORTIONS. To order go to <u>https://tinyurl.com/y9sddn2j</u> before 12pm on MONDAY

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Boar's Head, Louie's Meats' or GFS Deli Sandwiches on Assorted Bread or Buns

## Prairie Farms' Milk (Skim & 1%)

	TUECDAY		THURSDAY	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LABOR DAY	5 Pasta w/ Meat Sauce Deli Sandwich	6 Philly Steak Sloppy Joes Deli Sandwich	7 Taco Pizza Deli Sandwich or SB&J	8 Egg Bagel Sandwich Chickpea Salad Sandwich
NO SCHOOL	Sunflower Butter & Jelly Side: Lakeview Hill Farm's	Sunflower Butter & Jelly	Side: Refried Beans NO Carline Catering:	Sunflower Butter & Jelly
	Mixed Greens w/ Tomatoes	Side: Steamed Corn		Side: Sauteed Spinach
11	12 (SF Pasta)	13	14 Pulled Pork Nachos	15 (SF Guest Pizza)
Sirloin Cheeseburger	Pepperoni Pizza	Baked Chicken w/ Dinner Roll	Deli Sandwich or SB&J	(SF) Shrimp Poke Bowl w/ Ri
Deli Sandwich	Deli Sandwich	Deli Sandwich	Side: Fresh Natural Northern Salsa	(SEAS) Grilled Cheese Sandwi
Sunflower Butter & Jelly	Sunflower Butter & Jelly	Sunflower Butter & Jelly	Carline Catering:	Cheesy Baked Potato
			Asian Pork Tacos w/ Cilantro Slaw	Sunflower Butter & Jelly
Side: Sheet Pan Potatoes	Side: Caesar Salad	Side: Steamed Broccoli	Full \$55/ Half \$28	Side: Roasted Summer Squas
18	19	20	21 Taco Pizza	22
Hot Dogs	Pasta w/ Meat Sauce	Philly Steak Sloppy Joes	Deli Sandwich or SB&J	Egg Bagel Sandwich
Deli Sandwich	Deli Sandwich	Deli Sandwich	Side: Refried Beans	Chickpea Salad Sandwich
Sunflower Butter & Jelly	Sunflower Butter & Jelly	Sunflower Butter & Jelly	Carline Catering:	Sunflower Butter & Jelly
	Side: Lakeview Hill Farm's		Swedish Meatballs w/ Egg Noodles	
Side: Steamed Green Beans	Mixed Greens w/ Tomatoes	Side: Steamed Corn	Full \$49/ Half \$25	Side: Sauteed Spinach
25	26 (SF Pasta)	27	28	29 (SF Guest Pizza)
Sirloin Cheeseburger	Pepperoni Pizza	Baked Chicken w/ Dinner Roll	Pulled Pork Nachos	(SF) Shrimp Poke Bowl w/ Ri
Deli Sandwich	Deli Sandwich	Deli Sandwich	Deli Sandwich or 3 SB&J	(SEAS) Grilled Cheese Sandwi
Sunflower Butter & Jelly	Sunflower Butter & Jelly	Sunflower Butter & Jelly	Side: Fresh Natural Northern Salsa Carline Catering: Chicken Marsala	Cheesy Baked Potato Sunflower Butter & Jelly
Side: Sheet Pan Potatoes	Side: Caesar Salad	Side: Steamed Broccoli	w/ Green Beans Full \$61/ Half \$32	Side: Roasted Summer Squa
		Friday is a day of penance.		
	DAIRY/GLUTEN FREE items	That's why you'll find meatless menu options each		
	available daily at all sites	Friday, unless it is a Feast Day. We invite all families to participate!		
	(PLEASE INFORM THE SCHOOL	Fasting a wonderful way to honor God, to express our solidarity with other Christians, and to		
	KITCHEN IN ADVANCE)	help prepare for Sunday Mass.		