



SF PRESCHOOL SEPTEMBER 2023

FULL CARLINE CATERING (CC) SERVES 4-6 GENEROUS PORTIONS. To order go to <https://tinyurl.com/ygsddnzj> before 12pm on MONDAY

Sunflower Butter & Chef Jeff's Jelly Sandwich on Whole Wheat Bread

Boar's Head, Louie's Meats' or GFS Deli Sandwiches on Assorted Bread or Buns

Prairie Farms' Milk (Skim & 1%)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>LABOR DAY</p> <p>NO SCHOOL</p>	<p>5</p> <p>1 Pasta w/ Meat Sauce 2 Deli Sandwich 3 Sunflower Butter & Jelly Side: Lakeview Hill Farm's Mixed Greens w/ Tomatoes</p>	<p>6</p> <p>1 Chicken Noodle Soup 2 Deli Sandwich 3 Sunflower Butter & Jelly</p> <p>Side: Steamed Corn</p>	<p>7</p> <p>1 Taco Pizza 2 Deli Sandwich or 3 SB&J Side: Refried Beans NO Carline Catering:</p>	<p>8</p> <p>1 Egg Bagel Sandwich 2 Cheese Tortellini 3 Sunflower Butter & Jelly</p> <p>Side: Sautéed Spinach</p>
<p>11</p> <p>1 Cheeseburger 2 Deli Sandwich 3 Sunflower Butter & Jelly</p> <p>Side: Sheet Pan Potatoes</p>	<p>12</p> <p>1 Chicken Pot Pie 2 Deli Sandwich 3 Sunflower Butter & Jelly</p> <p>Side: Caesar Salad</p>	<p>13</p> <p>1 Baked Chicken w/ Dinner Roll 2 Deli Sandwich 3 Sunflower Butter & Jelly</p> <p>Side: Steamed Broccoli</p>	<p>14</p> <p>1 Cheese Nachos 2 Deli Sandwich or 3 SB&J Side: Fresh Natural Northern Salsa Carline Catering: Asian Pork Tacos w/ Cilantro Slaw Full \$55/ Half \$28</p>	<p>15</p> <p>1 Grilled Cheese Sandwich 2 Cheesy Baked Potato 3 Sunflower Butter & Jelly</p> <p>Side: Roasted Summer Squash</p>
<p>18</p> <p>1 Hot Dog 2 Deli Sandwich 3 Sunflower Butter & Jelly</p> <p>Side: Steamed Green Beans</p>	<p>19</p> <p>1 Pasta w/ Meat Sauce 2 Deli Sandwich 3 Sunflower Butter & Jelly Side: Lakeview Hill Farm's Mixed Greens w/ Tomatoes</p>	<p>20</p> <p>1 Chicken Noodle Soup 2 Deli Sandwich 3 Sunflower Butter & Jelly</p> <p>Side: Steamed Corn</p>	<p>21</p> <p>1 Taco Pizza 2 Deli Sandwich or 3 SB&J Side: Refried Beans Carline Catering: Swedish Meatballs w/ Egg Noodles Full \$49/ Half \$25</p>	<p>22</p> <p>1 Egg Bagel Sandwich 2 Cheese Tortellini 3 Sunflower Butter & Jelly</p> <p>Side: Sautéed Spinach</p>
<p>25</p> <p>1 Cheeseburger 2 Deli Sandwich 3 Sunflower Butter & Jelly</p> <p>Side: Sheet Pan Potatoes</p>	<p>26</p> <p>1 Chicken Pot Pie 2 Deli Sandwich 3 Sunflower Butter & Jelly</p> <p>Side: Caesar Salad</p>	<p>27</p> <p>1 Baked Chicken w/ Dinner Roll 2 Deli Sandwich 3 Sunflower Butter & Jelly</p> <p>Side: Steamed Broccoli</p>	<p>28</p> <p>1 Cheese Nachos 2 Deli Sandwich or 3 SB&J Side: Fresh Natural Northern Salsa Carline Catering: Chicken Marsala w/ Green Beans Full \$61/ Half \$32</p>	<p>29</p> <p>1 Grilled Cheese Sandwich 2 Cheesy Baked Potato 3 Sunflower Butter & Jelly</p> <p>Side: Roasted Summer Squash</p>
	<p>DAIRY/GLUTEN FREE items available daily at all sites (PLEASE INFORM THE SCHOOL KITCHEN IN ADVANCE)</p>	<p>Friday is a day of penance. That's why you'll find meatless menu options each Friday, unless it is a Feast Day.</p> <p>We invite all families to participate! Fasting a wonderful way to honor God, to express our solidarity with other Christians, and to help prepare for Sunday Mass.</p>	<p>Preschool Lunch billed on Monthly Tuition Statement \$3.35 per Day 5 days \$50/ Month 3 days \$30/ Month 2 days \$20/ Month</p>	



IMMACULATE CONCEPTION SEPTEMBER 2023

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Prairie Farms' Milk (Skim & 1%)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>LABOR DAY</p> <p>NO SCHOOL</p>	<p>5</p> <p>1 Pasta w/ Meat Sauce 2 Deli Sandwich 3 Sunflower Butter & Jelly Side: Lakeview Hill Farm's Mixed Greens w/ Tomatoes</p>	<p>6</p> <p>1 Turkey & Cheese Pita Pocket 2 Chicken Noodle Soup 3 Sunflower Butter & Jelly Side: Steamed Corn</p>	<p>7</p> <p>1 Taco Pizza 2 Deli Sandwich or 3 SB&J Side: Refried Beans NO Carline Catering:</p>	<p>8</p> <p>1 Cheese Omelet w/ Pastry 2 Chickpea Salad Sandwich 3 Sunflower Butter & Jelly Side: Sautéed Spinach</p>
<p>11</p> <p>1 Sirloin Cheeseburger 2 Deli Sandwich 3 Sunflower Butter & Jelly Side: Sheet Pan Potatoes</p>	<p>12</p> <p>1 Pepperoni Pizza 2 Deli Sandwich 3 Sunflower Butter & Jelly Side: Caesar Salad</p>	<p>13</p> <p>1 Baked Chicken w/ a Dinner Roll 2 Deli Sandwich 3 Sunflower Butter & Jelly Side: Steamed Broccoli</p>	<p>14</p> <p>1 Pulled Pork Nachos 2 Deli Sandwich or 3 SB&J Side: Fresh Natural Northern Salsa Carline Catering: Asian Pork Tacos w/ Cilantro Slaw Full \$55/ Half \$28</p>	<p>15</p> <p>1 Grilled Cheese Sandwich 2 Cheesy Baked Potato 3 Sunflower Butter & Jelly Side: Roasted Summer Squash</p>
<p>18</p> <p>1 Hot Dogs 2 Deli Sandwich 3 Sunflower Butter & Jelly Side: Steamed Green Beans</p>	<p>19</p> <p>1 Pasta w/ Meatballs 2 Deli Sandwich 3 Sunflower Butter & Jelly Side: Lakeview Hill Farm's Mixed Greens w/ Tomatoes</p>	<p>20</p> <p>1 Turkey & Cheese Pita Pocket 2 Chicken Noodle Soup 3 Sunflower Butter & Jelly Side: Steamed Corn</p>	<p>21</p> <p>1 Taco Pizza 2 Deli Sandwich or 3 SB&J Side: Refried Beans Carline Catering: Swedish Meatballs w/ Egg Noodles Full \$49/ Half \$25</p>	<p>22</p> <p>1 Cheese Omelet w/ Pastry 2 Chickpea Salad Sandwich 3 Sunflower Butter & Jelly Side: Sautéed Spinach</p>
<p>25</p> <p>1 Sirloin Cheeseburger 2 Deli Sandwich 3 Sunflower Butter & Jelly Side: Sheet Pan Potatoes</p>	<p>26</p> <p>1 Pepperoni Pizza 2 Deli Sandwich 3 Sunflower Butter & Jelly Side: Caesar Salad</p>	<p>27</p> <p>1 Baked Chicken w/ a Dinner Roll 2 Deli Sandwich 3 Sunflower Butter & Jelly Side: Steamed Broccoli</p>	<p>28</p> <p>1 Pulled Pork Nachos 2 Deli Sandwich or 3 SB&J Side: Fresh Natural Northern Salsa Carline Catering: Chicken Marsala w/ Green Beans Full \$61/ Half \$32</p>	<p>29</p> <p>1 Grilled Cheese Sandwich 2 Cheesy Baked Potato 3 Sunflower Butter & Jelly Side: Roasted Summer Squash</p>
	<p>DAIRY/GLUTEN FREE items available daily at all sites! (PLEASE INFORM THE SCHOOL KITCHEN IN ADVANCE)</p>	<p>Friday is a day of penance. That's why you'll find meatless menu options each Friday, unless it is a Feast Day. We invite all families to participate! Fasting a wonderful way to honor God, to express our solidarity with other Christians, and to help prepare for Sunday Mass.</p>	<p>Preschool Lunch billed on Monthly Tuition Statement \$3.35 per Day 5 days \$50/ Month 3 days \$30/ Month 2 days \$20/ Month</p>	



SEAS & ST FRANCIS SEPTEMBER 2023

FULL CARLINE CATERING (CC) SERVES 4-6 GENEROUS PORTIONS. To order go to <https://tinyurl.com/yqsddn2j> before 12pm on MONDAY

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Boar's Head, Louie's Meats' or GFS Deli Sandwiches on Assorted Bread or Buns

Prairie Farms' Milk (Skim & 1%)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>LABOR DAY</p> <p>NO SCHOOL</p>	<p>5</p> <p>Pasta w/ Meat Sauce Deli Sandwich Sunflower Butter & Jelly Side: Lakeview Hill Farm's Mixed Greens w/ Tomatoes</p>	<p>6</p> <p>Philly Steak Sloppy Joes Deli Sandwich Sunflower Butter & Jelly</p> <p>Side: Steamed Corn</p>	<p>7</p> <p>Taco Pizza Deli Sandwich or SB&J Side: Refried Beans NO Carline Catering:</p>	<p>8</p> <p>Egg Bagel Sandwich Chickpea Salad Sandwich Sunflower Butter & Jelly</p> <p>Side: Sautéed Spinach</p>
<p>11</p> <p>Sirloin Cheeseburger Deli Sandwich Sunflower Butter & Jelly</p> <p>Side: Sheet Pan Potatoes</p>	<p>12 (SF Pasta)</p> <p>Pepperoni Pizza Deli Sandwich Sunflower Butter & Jelly</p> <p>Side: Caesar Salad</p>	<p>13</p> <p>Baked Chicken w/ Dinner Roll Deli Sandwich Sunflower Butter & Jelly</p> <p>Side: Steamed Broccoli</p>	<p>14 Pulled Pork Nachos Deli Sandwich or SB&J Side: Fresh Natural Northern Salsa Carline Catering: Asian Pork Tacos w/ Cilantro Slaw Full \$55/ Half \$28</p>	<p>15 (SF Guest Pizza)</p> <p>(SF) Shrimp Poke Bowl w/ Rice (SEAS) Grilled Cheese Sandwich Cheesy Baked Potato Sunflower Butter & Jelly Side: Roasted Summer Squash</p>
<p>18</p> <p>Hot Dogs Deli Sandwich Sunflower Butter & Jelly</p> <p>Side: Steamed Green Beans</p>	<p>19</p> <p>Pasta w/ Meat Sauce Deli Sandwich Sunflower Butter & Jelly Side: Lakeview Hill Farm's Mixed Greens w/ Tomatoes</p>	<p>20</p> <p>Philly Steak Sloppy Joes Deli Sandwich Sunflower Butter & Jelly</p> <p>Side: Steamed Corn</p>	<p>21 Taco Pizza Deli Sandwich or SB&J Side: Refried Beans Carline Catering: Swedish Meatballs w/ Egg Noodles Full \$49/ Half \$25</p>	<p>22</p> <p>Egg Bagel Sandwich Chickpea Salad Sandwich Sunflower Butter & Jelly</p> <p>Side: Sautéed Spinach</p>
<p>25</p> <p>Sirloin Cheeseburger Deli Sandwich Sunflower Butter & Jelly</p> <p>Side: Sheet Pan Potatoes</p>	<p>26 (SF Pasta)</p> <p>Pepperoni Pizza Deli Sandwich Sunflower Butter & Jelly</p> <p>Side: Caesar Salad</p>	<p>27</p> <p>Baked Chicken w/ Dinner Roll Deli Sandwich Sunflower Butter & Jelly</p> <p>Side: Steamed Broccoli</p>	<p>28</p> <p>Pulled Pork Nachos Deli Sandwich or 3 SB&J Side: Fresh Natural Northern Salsa Carline Catering: Chicken Marsala w/ Green Beans Full \$61/ Half \$32</p>	<p>29 (SF Guest Pizza)</p> <p>(SF) Shrimp Poke Bowl w/ Rice (SEAS) Grilled Cheese Sandwich Cheesy Baked Potato Sunflower Butter & Jelly Side: Roasted Summer Squash</p>
	<p>DAIRY/GLUTEN FREE items available daily at all sites (PLEASE INFORM THE SCHOOL KITCHEN IN ADVANCE)</p>	<p>Friday is a day of penance. That's why you'll find meatless menu options each Friday, unless it is a Feast Day. We invite all families to participate! Fasting a wonderful way to honor God, to express our solidarity with other Christians, and to help prepare for Sunday Mass.</p>		