

# ST. FRANCIS Power Up Café

BREAKFAST SERVED FROM 7:00-10:00am (EVERYDAY)

MONDAY'S	TUESDAY'S	WEDNESDAY'S	THURSDAY'S	NO MEAT FRIDAY'S
BAGEL SANDWICH {Egg, meat, cheese} \$3.50	MEAT & CHEESE OMELETTE \$3.50	BAGEL SANDWICH {egg, meat, cheese} \$3.50	BREAKFAST BURRITO \$3.50 or MEAT & CHEESE QUICHE \$2.50	CREPES, FRENCH TOAST, WAFFLE or PANCAKES \$3.50
BACON \$3.00	SAUSAGE \$3.00	BACON \$3.00	CB HASH \$3.00	No Meat Today
FRUITED YOGURT W/GRANOLA \$3.00	FRUITED YOGURT W/GRANOLA \$3.00	FRUITED YOGURT W/GRANOLA \$3.00	FRUITED YOGURT W/GRANOLA \$3.00	FRUITED YOGURT W/GRANOLA \$3.00
FRUIT CLAMSHELL \$4.00	FRUIT CLAMSHELL \$4.00	FRUIT CLAMSHELL \$4.00	FRUIT CLAMSHELL \$4.00	FRUIT CLAMSHELL \$4.00
BIG APPLE PLAIN BAGEL \$2.00	BIG APPLE PLAIN BAGEL \$2.00	BIG APPLE PLAIN BAGEL \$2.00	BIG APPLE PLAIN BAGEL \$2.00	BIG APPLE PLAIN BAGEL \$2.00
JUMBO MUFFIN \$3.50	JUMBO MUFFIN \$3.50	JUMBO MUFFIN \$3.50	JUMBO MUFFIN \$3.50	JUMBO MUFFIN \$3.50
BREAKFAST POTATOES \$1.50	BREAKFAST POTATOES \$1.50	BREAKFAST POTATOES \$1.50	BREAKFAST POTATOES \$1.50	BREAKFAST POTATOES \$1.50
G2 PROTEIN BAR \$3.00	G2 PROTEIN BAR \$3.00	G2 PROTEIN BAR \$3.00	G2 PROTEIN BAR \$3.00	G2 PROTEIN BAR \$3.00
COFFEE/ HOT CHOCOLATE \$1.50/ \$1.00	COFFEE/ HOT CHOCOLATE \$1.50/ \$1.00	COFFEE/ HOT CHOCOLATE \$1.50/ \$1.00	COFFEE/ HOT CHOCOLATE \$1.50/ \$1.00	COFFEE/ HOT CHOCOLATE \$1.50/ \$1.00
JUICE OR MILK(4oz) \$0.75	JUICE OR MILK(4oz) \$0.75	JUICE OR MILK(4oz) \$0.75	JUICE OR MILK(4oz) \$0.75	JUICE OR MILK(4oz) \$0.75