



GTACS OCTOBER 2020

CAR LINE CATERING SERVES 4-6 GENEROUS PORTIONS. To order go to <https://tinyurl.com/y9sddn2j> before 12pm on Tuesdays

Naturally Nutty Sunflower Butter & Food for Thought Jelly Sandwich on Aunt Millie's 100% WW Bread (Naturally Nutty organic sunflower butter is produced on clean equipment that also processes peanuts, tree nuts, dried fruits)
 Boar's Head, Louie's Meats or GFS Deli Meats Cold Cut Sandwiches on Assorted Breads
 Prairie Farms' Milk (Skim & 1%)

Monday	Tuesday	Wednesday	Thursday	Friday
(df) dairy free GLUTEN FREE BREAD & PASTA OPTIONS available daily at all sites (please inform the school in advance)	Preschool Lunch billed on Monthly Tuition Statement Per day \$3.35 5 days \$50/month 3 days \$30/month 2 days \$20/month	IC Lunch Universal SEAS Lunch \$3.85 SF Lunch \$3.85 Grab n Go \$4.50	10/1 1. Sweet & Sour Chicken w/ Rice 2. Cold Cut Sandwich 3. Sunflower Butter & Jelly Side: Asian Sesame Green Beans (df) Carline Catering: Cheeseburger Macaroni Bake Full \$29/ Half \$15	10/2 1. French Toast w/ Syrup 2. Egg Salad Sandwich 3. Sunflower Butter & Jelly Side: Hash Browns (df)
10/5 1. Sirloin Cheeseburger 2. Cold Cut Sandwich 3. Sunflower Butter & Jelly Side: Nicholas Farms' Roasted Butternut Squash (df)	10/6 1. Bowtie Pasta Bolognese 2. Cold Cut Sandwich 3. Sunflower Butter & Jelly Side: Steamed Corn (df)	10/7 1. Pepperoni Pizza 2. Cold Cut Sandwich 3. Sunflower Butter & Jelly Side: Caesar Salad	10/8 1. Crispy Chicken Sandwich 2. Cold Cut Sandwich 3. Sunflower Butter & Jelly Side: Steamed Cauliflower (df) Carline Catering: Chicken Marsala w/ Green Beans Full \$32/ Half \$17	10/9 1. Grilled Cheese on WW 2. Tuna Salad Sandwich 3. Sunflower Butter & Jelly Side: Tomato Soup
10/12 1. Sloppy Joe Sliders 2. Cold Cut Sandwich 3. Sunflower Butter & Jelly Side: Carrot Sticks w/ Ranch	10/13 1. Pulled Pork Nachos 2. Cold Cut Sandwich 3. Sunflower Butter & Jelly Side: Black Beans	10/14 1. Meat Lovers Pizza 2. Cold Cut Sandwich 3. Sunflower Butter & Jelly Side: Garden Salad	10/15 1. Sweet & Sour Chicken w/ Rice 2. Cold Cut Sandwich 3. Sunflower Butter & Jelly Side: Asian Sesame Green Beans (df) Carline Catering: Greek Dinner-Full \$40 / Half \$21	10/16 1. French Toast w/ Syrup 2. Egg Salad Sandwich 3. Sunflower Butter & Jelly Side: Hash Browns (df)
10/19 1. Sirloin Cheeseburger 2. Cold Cut Sandwich 3. Sunflower Butter & Jelly Side: Nicholas Farms' Roasted Butternut Squash (df)	10/20 1. Bowtie Pasta Bolognese 2. Cold Cut Sandwich 3. Sunflower Butter & Jelly Side: Steamed Corn (df)	10/21 1. Pepperoni Pizza 2. Cold Cut Sandwich 3. Sunflower Butter & Jelly Side: Caesar Salad	10/22 1. Crispy Chicken Sandwich 2. Cold Cut Sandwich 3. Sunflower Butter & Jelly Side: Steamed Cauliflower (df) NO Carline Catering:	10/23 NO LUNCH Half Day IC & SEAS No School SF
10/26 1. Sloppy Joe Sliders 2. Cold Cut Sandwich 3. Sunflower Butter & Jelly Side: Carrot Sticks w/ Ranch	10/27 1. Michelle Robertson's 4-H Pulled Pork Nachos 2. Cold Cut Sandwich 3. Sunflower Butter & Jelly Side: Black Beans	10/28 1. Meat Lovers Pizza 2. Cold Cut Sandwich 3. Sunflower Butter & Jelly Side: Garden Salad	10/29 1. Sweet & Sour Chicken w/ Rice 2. Cold Cut Sandwich 3. Sunflower Butter & Jelly Side: Asian Sesame Green Beans (df) Carline Catering: Pork Tamales w/ Cilantro Mexican Rice Full \$36/ Half \$18	10/30 1. French Toast w/ Syrup 2. Egg Salad Sandwich 3. Sunflower Butter & Jelly Side: Hash Browns (df)