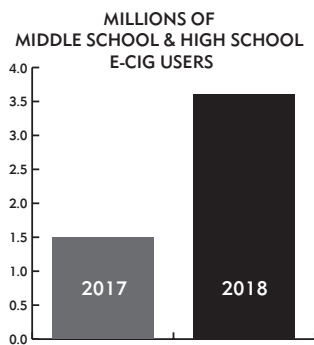


Vaping/e-Cigarettes

Winter 2019

According to recent data from the Centers for Disease Control and Prevention (CDC), more than 3.6 million middle and high school students were current e-cigarette users in 2018, up more than 1.5 million compared to 2017.



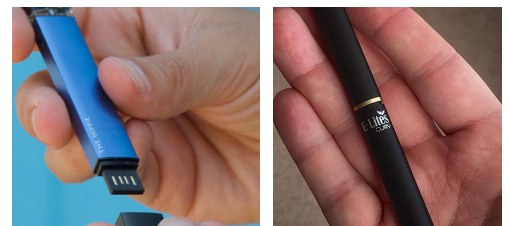
"...kids who vape are inhaling one of the most addictive substances on the planet."
– US News & World Report

"This is a drug...a very addicting drug. Nicotine affects a certain part of the brain just like cocaine or heroin does."
– Dr. Tom Petersen,
"The Shape of Vape," Traverse City Record-Eagle, October 7, 2018

Life affords no greater responsibility, no greater privilege than raising the next generation.
– C. Everett Koop

What started out as a tool to help people stop smoking has become a way for kids to catch a nicotine or THC buzz or ingest flavored liquid. What's alarming about the steep rise in the popularity of vaping is:

- The sharp increase in vape use among high school and middle school students across the nation;
- Effects on adolescent brain development, including learning, memory, and attention;
- Association between e-cigarettes and conventional tobacco use;
- The fact that a teaspoon of vape oil or juice can contain as much nicotine as 60 cigarettes;
- The biological propensity of an adolescent brain toward addiction;
- Lack of information about the long-term effects of vaping;
- Kid-focused vape juice flavors: fruit medley, mango, etc. which, even if they don't contain nicotine, contain potentially harmful chemicals;
- Flavoring agents contain chemicals formerly used in microwave popcorn that were banned due to cancer-causing effects;
- Volatile chemicals, heavy metals, and/or known carcinogens produced by e-cigarette aerosols;
- The ease of concealing vape use from parents or teachers (there is often no odor, and the devices are extremely easy to conceal).
- Vape devices may also be used to ingest THC, the psychoactive ingredient in marijuana.



God created us to be fully alive in communion with Him, free of any bondage or sin that would hinder that relationship. Nicotine dependence is an exchange of freedom for constraint; it damages the well-being of the users and also does great harm to the people around them.

Parents, teachers, coaches, and others must work together to protect students from this dangerous activity.

Students caught vaping will be subject to the same discipline associated with the use of other controlled substances: Alcohol, tobacco, or marijuana. See the Student Handbook for details.