



GTACS OCTOBER 2018

Other options served everyday

Naturally Nutty Sunflower Butter & Jelly Sandwich on
Aunt Millie's 100% WW Bread
 Fresh Fruit & Vegetable Bar
 featuring **Nicholas Farms'** fresh Fruits & Vegetables
 Milk (Skim & 1%)

Naturally Nutty organic sunflower butter is produced on clean equipment that also processes peanuts, tree nuts, dried fruits

****New way to order CAR LINE ENTREES**
<https://tinyurl.com/y9sddn2j>

Mon	Tue	Wed	Thur	Fri
10/1 NO SCHOOL Professional Development Day	10/2 **Louie's Meats' Beef Frank on a WW Bun Ham & Cheese on WW Roasted Cauliflower (df)	10/3 **Piggy Tail Pasta Marinara & Meatballs Chicken Salad on WW Caesar Salad	10/4 **Soft Shell Tacos Mahi Mahi Fish Tacos Refried Beans  Carline Catering: 4-H Meatloaf w/ Mashed Potatoes & Gravy \$29Full/ \$15 Half	10/5 **Waffles & Yogurt Lobster Roll Sandwich Hash Browns (df)
10/8 **BBQ Turkey Burger Turkey, Lettuce, & Tomato Sandwich Steamed Corn (df)	10/9 **Cheese Lasagna w/ Meat Sauce Chicken Caesar Wrap Steamed Broccoli (df)	10/10 **Chicken Fajitas w/ Soft Tortillas Louie's Meats' Corned Beef Rubeen on Marbled Rye Sauteed Peppers (df)	10/11 **Pepperoni Pizza on Naan Boar's Head Ham & Cheese Sub Sugar Snap Peas (df) Carline Catering: Herb Crusted Salmon w/ Orzo Pilaf \$38 Full/ \$19 Half	10/12 **Homecoming Cheese Quesadillas Veggie Burger on a WW Bun Red Beans & Rice (df)
10/15 Parker Jenkins' 4-H pig Pulled Pork on a Pretzel Bun **Chicken Noodle Soup Steamed Green Beans (df)	10/16 **Louie's Meats' Beef Frank on a WW Bun Ham & Cheese on WW Roasted Cauliflower (df)	10/17 **Piggy Tail Pasta Marinara & Meatballs Chicken Salad on WW Caesar Salad	10/18 **Soft Shell Tacos Mahi Mahi Fish Tacos Refried Beans Carline Catering: Pork Tamales w/ Mexican Rice \$35 Full/ \$18 Half	10/19 **Waffles & Yogurt Lobster Roll Sandwich Hash Browns (df)
10/22 BBQ Turkey Burger **Turkey, Lettuce, & Tomato Sandwich Steamed Corn (df)	10/23 **Cheese Lasagna w/ Meat Sauce Chicken Caesar Wrap Steamed Broccoli (df)	10/24 Brown Bag - SF ONLY Boar's Head Ham & Cheese Sub Fresh Fruit & Carrots	10/25 BROWN BAG - HA, SF, & PRE K **Chicken Fajitas w/ Soft Tortillas Louie's Meats' Corned Beef Rubeen Sauteed Peppers (df) NO Carline Catering:	10/26 NO LUNCH GLADHANDER SET UP
10/29 **That'sa Pizza Fresh Fruit Cucumber Salad (df)	10/30 **Sweet & Sour Chicken w/ Rice Pork Egg Rolls Stir-fry Vegetables (df)	 10/31  **Pitchfork Pork on a Pretzel Bun Chicken Ghoude Soup Steamed Green Beans (df)	** preschool entree (df) dairy free GLUTEN FREE BREAD & PASTA OPTIONS available daily at all sites (please inform the school kitchen ahead)	IC Lunch \$3.35 SEAS Lunch \$3.85 SF Lunch \$3.85 Grab n Go \$4.50