5-7TH GRADE SPORTS

Students who participate must keep in mind that they are representing not only themselves, but their school, their community, their church, their parents and their team.

For additional information, please consult the Student Handbook or contact the Athletic Department Office at (231) 946-1180.

ATHLETIC DEPARTMENT

(231) 946-1180 / FAX (231) 946-1878

123 E. 11th Street, Traverse City, MI 49684

The Athletic Department Office is located in the St. Francis Gym lobby.

7TH/8TH GRADE SPORTS

FALL

PRACTICE BEGINS

Girls Volleyball Two weeks before school starts Two weeks before school starts **Cross Country** Two weeks before school starts First week of school

GAMES BEGIN

Two weeks after practice begins Two weeks after practice begins Two weeks after practice begins Run through varsity Tennis

SEASON ENDS

Usually 6 weeks after first game Usually 6 weeks after first game Usually 6 weeks after first game Usually 6 weeks after first game

WINTER

Boys Football

Boys Tennis

Boys Basketball Right after football season Girls Basketball 1st week back to school in Jan. Wrestling 3rd week of January

Usually 2nd week in November Usually 3rd week in January Usually 1st week in February

End of December End of February Mid-March

SPRING

Track Right after spring break **Girls Tennis** Right after spring break Girls Softball After spring break **Boys Baseball** After spring break

Usually 2 weeks after spring break Mid-May Run through varsity Tennis Mid-May Club sport Mid-May Club sport Mid-May

5TH/6TH GRADE SPORTS

Parent Volunteer Coaches Needed

FALL

PRACTICE BEGINS

Two weeks before school starts

Cross Country Girls Basketball Mid-October

WINTER

Boys Basketball After Christmas break Volleyball 1st week of February

SPRING

Track

Right after spring break

GAMES BEGIN

Third week of school 1st week of November

Mid-January End of February

SEASON ENDS

Third week of October Mid-December

Mid- to late-January Just before spring break

Mid-April

Mid-May