



# GTACS OCTOBER 2017

Other options served everyday

Naturally Nutty Sunflower Butter & Jelly Sandwich on Aunt Millie's 100% WW Bread  
 Fresh Fruit & Vegetable Bar featuring Nicholas Farms' fresh Fruits & Vegetables  
 Milk (Skim & 1%)

Naturally Nutty organic sunflower butter is produced on clean equipment that also processes peanuts, tree nuts, dried fruits

**CAR LINE CATERING SERVES 4-6 GENEROUS PORTIONS. To order email lbi@gtacs.org before 12pm on Tuesday prior**

Mon	Tue	Wed	Thur	Fri
10/2 Sloppy Joe's  **Turkey Sub  Sweet Potatoes (df)	10/3 **Piggy Tail Pasta Marinara & Meatballs  Chicken Salad on WW  Caesar Salad	10/4 **Louie's Meats' Beef Frank  Ham & Cheese Hoagie  Roasted Cauliflower (df)	10/5 **Soft Shell Tacos Mahi Mahi Fish Tacos Refried Beans Carline Catering: Herb Crusted Salmon w/ Rice Pilaf \$38 Full/ \$19 Half	10/6 **French Toast & Scrambled Eggs Lobster Roll Sandwich  Hash Browns (df)
10/9 **BBQ Turkey Burger  Turkey, Lettuce, & Tomato Sandwich  Steamed Corn (df)	10/10 **Cheese Ravioli w/ Marinara  Chicken Caesar Wrap  Steamed Broccoli (df)	10/11 **Chicken Fajitas with Soft Tortillas Louie's Meats' Corned Beef Ryebe on Marbled Rye  Sautéed Peppers (df)	10/12 **Pepperoni Pizza on Naan Ham & Cheese on WW Sugar Snap Peas (df) Carline Catering: Meatloaf w/ Mashed Potatoes & Gravy \$25 Full/ \$13 Half	10/13 **Cheese Quesadillas  Veggie Burger on a WW Bun  Red Beans & Rice (df)
10/16 **Haley Soto's 4-H pig Pulled Pork on a Pretzel Bun  Chicken Noodle Soup  Steamed Green Beans (df)	10/17 **Piggy Tail Pasta Marinara & Meatballs  Chicken Salad on WW  Caesar Salad	10/18 **Louie's Meats' Beef Frank  Ham & Cheese Hoagie  Roasted Cauliflower (df)	10/19 **Soft Shell Tacos Mahi Mahi Fish Tacos Refried Beans Carline Catering: Pork Tamales w/ Mexican Rice \$35 Full/ \$18 Half	10/20 **French Toast & Scrambled Eggs  Lobster Roll Sandwich  Hash Browns (df)
10/23 BBQ Turkey Burger  **Turkey, Lettuce, & Tomato Sandwich  Steamed Corn (df)	10/24 Chicken Fajitas w/ Soft Tortillas  **Louie's Meats' Corned Beef Ryebe on Marbled Rye  Sautéed Peppers (df)	10/25 Brown Bag - SF ONLY  **Ham & Cheese on WW  Fresh Fruit & Carrots	10/26 BROWN BAG - HA, SF, & PRE K Cheese Ravioli w/ Marinara- IC & SEAS Chicken Caesar Wrap Sautéed Sugar Snap Peas (df)  NO CARLINE CATERING	10/27 NO LUNCH No school-HA & SF 1/2 day-IC & SEAS  GLADHANDER SET UP
10/30 **That'sa Pizza  Fresh Fruit  Cucumber Salad	10/31 🍊 **Pitchfork Pork on a Pretzel Bun Chicken Ghouldle Soup  Steamed Green Beans (df)	** preschool entree (df) dairy free GLUTEN FREE BREAD & PASTA OPTIONS available daily at all sites (please inform the school kitchen ahead)		IC Lunch \$3.35 SEAS Lunch \$3.85 SF Lunch \$3.85 Grab n Go \$4.50