



gladiator **CHEERLEADING**

5/24 | 5:00 - 6:30 pm @ SF TRYOUT PRACTICE

5/26 | 3:30 - 5:00 pm @ SF TRYOUT PRACTICE

5/31 | 5:00 - 6:30 pm @ SF TRYOUT

*IF YOU HAVE A PRIOR SPRING ATHLETIC COMMITMENT
PLEASE COMMUNICATE WITH COACH THOMSON

TRYOUT REQUIREMENTS

- Safely execute stunts using proper stunt progression coached at tryout practices. Scored by observation.
- Perform a previously taught crowd-effective chant.
- Candidates will be judged on physical strength, stunting technique based on level of prior experience, versatility, attitude, ability to fully commit to program, voice projection, and chant motions using a point-based system.

TIME COMMITMENT

- Practices begin early August.
- Season lasts through October/November, dependent on football season.
- Practices are typically Monday - Thursday, 5:30 - 7:30 pm.
- Games are mandatory: Fridays/Saturdays (includes travel).
- **Attend full-day UCA team cheer clinic in early August.**
- Volunteer at football program golf outing.
- Balance academic schedule with team commitment:
1. Faith 2. Family 3. School 4. Cheer

FINANCIAL COMMITMENT

- Cheerleading shoes... approximately \$55
- Team shirt/shorts/skort for clinic, golf outing, hot weather games, etc... approximately \$70
- 1-day UCA camp... approximately \$50
- Bodysuit, lollies, bow... approximately \$30

Cheerleading at TCSF is a commitment to your team, school, and community. As Christian student-athletes we strive to follow the 3 C's (Character, Compassion, Commitment) in everything we do, individually and as a team. SF Cheerleaders represent not only the school, but the community and are held to high standards. Additionally, this sport is physically demanding and is a large time commitment, as the cheerleaders are required to attend all scheduled practices, games, camp, and other team activities. The purpose of this informational meeting is to outline expectations and invite those interested to tryout for the upcoming season.

Coach Kelly Thomson | kellymb83@hotmail.com